## Disclaimer

The information provided on this website is for educational and informational purposes only and has not been evaluated by the Food and Drug Administration. It is intended to share general knowledge about the potential benefits of herbs, essential oils, and other natural ingredients but should not be used as medical advice or as a substitute for guidance from a qualified healthcare professional.

Health and Medical Guidance

- Always consult with a healthcare provider before using any product if you are pregnant, nursing, taking medication, or under the care of a physician.
- Do not use the information on this site to self-diagnose or treat medical conditions.
- Our products are not intended to diagnose, treat, cure, or prevent any disease.

Individual Responsibility and Use

- Individual results may vary, as natural products may affect people differently.
- All products are for external use only.
- Review all product descriptions, ingredient lists, instructions, and warnings before use. If you are sensitive to any ingredient, avoid using the product.
- Always perform a patch test, especially if you have sensitive skin, and discontinue use if irritation occurs.

Liability and Risk

- Lather and Lotus is not responsible for individual reactions to any ingredients in our products.
- We are not liable for any damage or adverse effects resulting from the use or misuse of products purchased from this website.
- By purchasing and using our products, you acknowledge this disclaimer and accept full responsibility for their use.

Thank you for choosing Lather and Lotus. Your safety and satisfaction are important to us!